

BREAKFAST

(AVAILABLE STARTING AT 7:30 UNTIL SELL OUT)

BREAKFAST BURRITOS - MONDAY / WEDNESDAY / THURSDAY
vegetarian, vegan, and gluten-free options available

BREAKFAST SANDWICHES - TUESDAY / FRIDAY
vegetarian and gluten-free options available

SALADS

SOUTHWEST SALAD (gluten-free) | \$11
romaine lettuce topped with FG chicken breast, fire roasted corn, black beans, roasted red bell peppers, red onion, tortilla strips, and house chipotle lime ranch
contains dairy and egg

CHICKEN CAESAR SALAD | \$11
romaine lettuce topped with FG chicken breast, parmesan cheese, house croutons, red onion, and house caesar dressing
contains dairy, egg, gluten, and anchovy

GOAT SALAD (vegetarian + gluten-free) | \$11
romaine and spring mix lettuce, goat cheese, dried cherries, candied pecans, red onion, and house balsamic poppyseed dressing
contains dairy and egg

ENTREES

SALMON SUSHI BOWL (gluten-free) | \$12
soy and sesame marinated salmon, edamame, salt and sugar cucumbers, house quinoa furikake, unagi sauce, and spicy mayo on a bed of seasoned sushi rice
contains soy, sesame, egg, and fish

SNACKS

YOGURT PAFAIT | \$4.50
greek yogurt, house nut-free granola, and house fruit compote (vegetarian + gluten-free)
contains dairy and sesame

OVERNIGHT OATS | \$4.50
old-fashioned gluten-free rolled oats, oat milk, vanilla extract, and cinnamon, topped with peanut butter and cocoa nibs (vegan + gluten-free)
contains peanuts

HUMMUS | \$4
garbanzo beans tahini, lemon juice, garlic confit, and salt garnished with olive oil and sumac (vegan + gluten-free)

VEGGIE CUP | \$2.50
carrots and celery (vegan + gluten-free)

RANCH | \$1
(vegetarian + gluten-free)

FRUIT CUP | \$3
(vegan + gluten-free)

COFFEE BAR

DRIP COFFEE | \$3

ESPRESSO | \$3

CAPPUCCINO | \$4.50

LATTE | \$5
available hot or iced

HOUSE COLD BREW | \$4.50

COLD BREW WITH COLD FOAM | \$5.50
house cold brew with sweet oat milk vanilla cold

MILK OPTIONS:
whole milk, 2% milk, or oat milk

MOCHA LATTE | \$6

askinosie chocolate syrup, vanilla, espresso, with choice of milk - available hot or iced

DIRTY CHAI LATTE | \$6
house chai syrup with a shot of espresso and choice of milk - available hot or iced

ADD ONS:

HOUSE SYRUP | \$0.75
*Vanilla
Brown sugar
Caramel*

COLD FOAM | \$1
oat milk and house vanilla syrup

NON-COFFEE DRINKS

CHAI LATTE | \$5
available hot or iced

MATCHA LATTE | \$5.50
available hot or iced

LONDON FOG | \$5
earl grey+ vanilla syrup - available hot or iced

GINGER COW | \$5.50
turmeric, ginger, and black pepper syrup - available hot or iced

HOT TEA | \$3
featuring tea from Big Heart Tea Co.

Cup of Sunshine
Cup of Love
Chamomile Mint
Minty White
Happy Rooibos
Blushing
Edith Grey
Spicy Pumpkin